



Nutrition Tip: Make Fruit More Appealing. Make a fruit smoothie by blending fat-free or low-fat milk or yogurt with fresh or frozen fruit. Try bananas, peaches, strawberries, or other berries.



BREAKFAST

MONDAY



SCHOOL CLOSED

06

Strawberry Go-Gurt
Oatmeal Chocolate Chip Bar
Apple

13

Mozzarella Cheese Stick
Strawberry Pop-Tart
Apple

20

Strawberry Go-Gurt
Strawberry Oatmeal Bar
Apple

27

TUESDAY



UBR Chocolate Chip Bar
Apple

07

French Toast BeneFIT Bar
Apple

14

Strawberry Go-Gurt
Bunny Graham Crackers
Apple

21

Oatmeal Chocolate UBR Bar
Strawberry Craisins
Raisins

28

WEDNESDAY

April Fools' Day
Mozzarella Cheese Stick
Frosted Brown Sugar Pop-Tart
Tangerines

01

Pumpkin Bread
Orange Juice
Raisins

08

Mini Cinni Caramel Pull-Apart
Apple Juice
Raisins

15

Earth Day
Oatmeal Chocolate Chip
BeneFIT Bar
Orange Juice
Raisins

22

Chocolate Covered Donuts
Watermelon Craisins
Orange Juice

29

THURSDAY

SCHOOL CLOSED

02

Strawberry Go-Gurt
Vanilla Graham Crackers
Apple

09

Breakfast Bun
Apple

16

Strawberry Go-Gurt
Chocolate Chip Oatmeal Bar
Apple

23

Strawberry Go-Gurt
Strawberry Nutri-Grain Bar
Apple

30

FRIDAY

SCHOOL CLOSED

03

Glazed Blueberry Donut Holes
Very Berry Juice
Raisins

10

Chocolate Glazed Donut
Holes
Fruit Punch
Raisins

17

Banana Bread
Craisins
Very Berry Juice

24



EXECUTIVE EDUCATION ACADEMY CHARTER SCHOOL

Milk is included with all meals (1%, Skim, or Soy Milk)

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