



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods.
Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.

BREAKFAST

MONDAY

SCHOOL CLOSED

01

TUESDAY

Strawberry Go-Gurt
Annie's Bunny Grahams
Apples

02

WEDNESDAY

Oatmeal Chocolate Chip
BeneFIT Bar
Orange Juice
Raisins

03

THURSDAY

Strawberry Go-Gurt
Chocolate Chip Oatmeal Bar
Apples

04

FRIDAY

Banana Bread Slice
Blueberry Craisins
Very Berry Juice

05

Strawberry Go-Gurt
Strawberry Oatmeal Bar
Apples

08

UBR Oatmeal Chocolate Bar
Strawberry Craisins
Raisins

09

Chocolate Covered Donuts
Watermelon Craisins
Orange Juice

10

Strawberry Go-Gurt
Nutri-Grain Strawberry Bar
Apples

11

Chocolate Cream Chip Bar
Very Berry Juice

12

Mozzarella Cheese Stick
Brown Sugar Cinnamon Pop
Tart
Apples

15

Mini Apple Breakfast Bites
Cherry Craisins
Tangerines

16

Mozzarella Cheese Stick
Chocolate Chip Muffin
Fruit Punch
Raisins

17

Coca Chip BeneFIT Bar
Apples

18

Mini Cinnamon Rolls
Cherry Craisins
Apple Juice

19

SCHOOL CLOSED

22

SCHOOL CLOSED

23

SCHOOL CLOSED

24

HAPPY
HOLIDAYS!

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SCHOOL CLOSED

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SCHOOL CLOSED

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SCHOOL CLOSED

30

SCHOOL CLOSED

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EXECUTIVE EDUCATION ACADEMY CHARTER SCHOOL

Milk is included with all meals (1%, Skim, or Soy Milk)

DECEMBER 2025