

Recommended Daily Regimen for Middle School		Online Resources
8-9am	Breakfast and Morning Stretch or Walk	www.scholastic.com/learnathome
9-10am	Academic Time- Independent Reading or Access a Reading Link from the Online Resource List	
10-11am	Creative Time- Crafts, Building, Play Music, Draw, Cook, or Bake (with an adult)	https://play.prodigygame.com/
11-12pm	Academic Time- Logical Thinking Activities (math flash cards, puzzles, chess, sudoku, etc.) or Access a Math Link from the Online Resource List	
12-12:30pm	Lunch	https://www.freckle.com/
12:30-1pm	Play a Game or Get Fresh Air	
1-2pm	Academic Time- Write a Story or a Play. Share your Writing with Someone.	https://www.brainpop.com/
2-3pm	Technology Time- Access any of the Educational Resources from the Online Resource List	
		https://www.discoveryeducation.com/
	EEACS Clever Link	
	Apex	https://www.educandy.com/
	Please reach out to teachers for access to Google Classrooms as well.	
		https://kahoot.com/
5th Grade	https://drive.google.com/drive/folders/1S7HAzn_QjCID8eJlddisAs_dpAv28m?usp=sharing	
6th Grade	https://drive.google.com/drive/folders/1uhpq36sJMPKAIREOOQ077Y51KtJ7r7Un?usp=sharing	https://kids.nationalgeographic.com/
7th Grade	https://drive.google.com/drive/folders/1yNHZDwWwNqJ3vYQI1M8WAo2RU7tl7b4?usp=sharing	
8th Grade	https://drive.google.com/drive/folders/1VxNgC0zyYjW13rtHFJwirXtohx9QJT?usp=sharing	https://pbskids.org/
	Fun Daily Writing Prompts:	https://www.timeforkids.com/
	https://www.dailywritingtips.com/48-writing-prompts-middle-school/	
		https://www.storylineonline.net/
	Reading Suggestions:	
	https://www.goodreads.com/list/show/1606.Top_100_Middle_School_Must_Reads	http://wordcentral.com/home.html