



February is American Heart Month. Keep your heart healthy by being active every day. Run, dance, walk the dog, climb stairs or play in the snow if you have it.

Reference: USDA MyPlate

K – 1st Grade Menu

Wowbutter & Jelly Sandwiches available daily.



LUNCH

MONDAY

Cheesy Mac Bites
Grilled Cheese Sandwich
Broccoli, Carrots
Applesauce, Oranges

02

TUESDAY

Chicken Fajitas
Yogurt Kit
Fiesta Black Beans, Salsa
Bananas, Oranges

03

WEDNESDAY

Penne in Alfredo Sauce with
Texas Toast
Fruit & Cheese Tray
Broccoli, Carrots
Apple Slices, Oranges

04

THURSDAY

Raptor Bowl with Dinner Roll
Chicken Caesar Salad & Roll
Carrots, Corn
Apple Slices, Orange Juice

05

FRIDAY

French Bread Pizza
Turkey Ham & Cheese
Sandwich
Tossed Salad, Celery
Peaches, Apple Juice

06

SCHOOL CLOSED

09

Cheese Omelet, Turkey
Sausage, & French Toast Bites
Celery, Tater Togs
Strawberry Craisins
Oranges

10

BBQ Chicken Filets
Fruit & Cheese Tray
Baked Beans, Cucumber
Peach Applesauce, Banana

11

Tangerine Chicken & Rice
Chicken Caesar Salad
Broccoli, Carrots
Apple Slices
Sweetheart Iced

12

Breaded Mini Cheese Ravioli
Turkey Ham & Cheese
Sandwich
Marinara Sauce, Salad Mix
Peaches, Plums

13

**Presidents' Day
SCHOOL CLOSED**

16

Mini Chicken Corn Dogs
Yogurt Kit
Carrots, Tater Tots
Cherry Craisins
Oranges

17

Meatball Sub
Fruit & Cheese Tray
Carrots, Celery
Bananas, Plums

18

Chicken Nuggets
Chicken Caesar Salad
Goldfish Pretzels
Carrots, Tater Tots
Applesauce, Fruit Punch,
Apple Juice

19

Personal Cheese Pizza
Turkey Ham & Cheese
Sandwich
Carrots, Salad Mix
Apple Slices, Peaches

20

Beef Hot Dogs
Grilled Cheese Sandwich
Baked Beans, Carrots
Apples

23

Steak Sandwich
Yogurt Kit
Carrots, Corn
Applesauce, Oranges

24

Chicken Breast Fillet
Sandwich
Fruit & Cheese Tray
Broccoli, Carrots
Apple Slices, Oranges

25

Macaroni & Cheese
Chicken Caesar Salad
Cornbread
Carrots, Celery
Apple Slices, Apple Juice

26

Pizza Cheese Crunchers
Turkey Sandwich
Broccoli, Salad Mix
Apples

27



EXECUTIVE EDUCATION ACADEMY CHARTER SCHOOL

Milk is included with all meals (1%, Skim, or Soy Milk)



FEBRUARY 2026