



March is National Nutrition Month! To celebrate, try eating at least one new food each week. Keep it interesting by picking out new foods you've never tried before, like mango, lentils, quinoa, kale, or sardines.

References: Academy of Nutrition & Dietetics, USDA MyPlate

2nd – 12th Grade Menu

Wowbutter & Jelly Sandwiches available daily.



MONDAY

Crispy Chicken Tenders
BYO Pizza Kit
Grilled Cheese Sandwich
Dinner Roll
Broccoli, Carrots
Oranges, Applesauce **02**

TUESDAY

Walking Tacos
Chicken Garden Salad
Yogurt Kit
Black Bean & Corn, Carrots
Oranges, Flavored Craisins **03**

WEDNESDAY

Cheesesteak Sandwich
Turkey Hoagie
Fruit & Cheese Tray
Carrots, Celery Sticks
Bananas, Apple Slices **04**

THURSDAY

Cheese Pizza
Bagel Kit
Chicken Caesar Salad
Dinner Roll
Garden Salad, Broccoli
Apple Juice, Apple Slices **05**

FRIDAY

SCHOOL CLOSED
06

Cheese Mac Bites
BYO Pizza Kit
Grilled Cheese Sandwich
Broccoli, Carrots
Oranges, Applesauce **09**

Chicken Fajitas
Chicken Garden Salad
Yogurt Kit
Taco Fiesta Beans, Salsa
Bananas, Oranges **10**

Beef Hot Dogs
Turkey Hoagie
Fruit & Cheese Tray
Broccoli, Carrots
Oranges, Apple Slices **11**

Raptor Bowl
Chicken Caesar Salad
Bagel Kit
Dinner Roll, Corn, Carrots
Orange Juice, Apple Slices **12**

French Bread Pizza
Meat Lovers Stromboli
Turkey Ham & Cheese Sand.
Tossed Salad, Celery Sticks
Peaches, Apple Juice **13**

Breaded Mozzarella Sticks
BYO Pizza Kit
Grilled Cheese Sandwich
Broccoli, Mariana Sauce
Apple Slices, Applesauce **16**

St. Patrick's Day
Cheese Omelet, Turkey Sausage,
& French Toast Bites
Yogurt Kit
Tater Tots, Celery Sticks
Lucky Icees, Oranges **17**

BBQ Chicken Filet Sandwich
Chicken Garden Salad
Fruit & Cheese Tray
Baked Beans, Cucumbers
Bananas, Applesauce **18**

Tangerine Chicken & Rice
Chicken Caesar Salad
Bagel Kit
Broccoli, Carrots
Orange Juice, Apple Slices **19**

Breaded Mini Cheese Ravioli
Meat Lovers Stromboli
Turkey Ham & Cheese Sand.
Marinara Sauce, Salad Mix
Diced Peaches, Plums **20**

Breaded Popcorn Chicken
BYO Pizza Kit
Grilled Cheese Sandwich
Goldfish Crackers
Broccoli, Carrots
Oranges, Strawberry Applesauce **23**

Mini Chicken Corn Dogs
Chicken Garden Salad
Yogurt Kit
Bean Sauce, Carrots
Oranges, Flavored Craisins **24**

Meatball Sub
Turkey Hoagie
Fruit & Cheese Tray
Carrots, Celery Sticks
Bananas, Plums **25**

Baked Rotisserie Chicken Leg &
Rice, Pernil with Arroz con
Gandules
Carrots, Potato Salad
Applesauce, Fruit Juice **26**

Personal Cheese Pizza
Meat Lovers Stromboli
Turkey Ham & Cheese Sand.
Salad Mix, Carrots
Peaches, Apple Slices **27**

Breaded Chicken Drumstick
BYO Pizza Kit
Grilled Cheese Sandwich
Mini Corn Bread, Carrots
Baked Beans, Apples **30**

Hamburgers, Cheeseburgers
Chicken Garden Salad
Yogurt Kit
Crispy Potatoes, Carrot & Celery
Oranges, Applesauce **31**



EXECUTIVE EDUCATION ACADEMY CHARTER SCHOOL

Milk is included with all meals (1%, Skim, or Soy Milk)

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