



November 25 is National Parfait Day! Enjoy a low-fat yogurt parfait for breakfast, snack or lunch. Top with fruit and nuts to get in two more food groups. Look for seasonal flavors of yogurt or a fruit that's in season to add variety throughout the year.



MONDAY



National Sandwich Day
Strawberry Go-Gurt
Strawberry Oatmeal Bar
Apples

03

TUESDAY



No Students
Teacher In Service Day

04

WEDNESDAY



Chocolate Covered Donuts
Watermelon Craisins
Orange Juice

05

THURSDAY



Strawberry Go-Gurt
Strawberry Nutri-Grain Bar
Apples

06

FRIDAY



Chocolate Cream Chip Bar
Very Bery Juice
Raisins

07

Mozzarella Cheese Stick
Frosted Brown Sugar Pop -Tart
Apples

10

Veterans Day
Apple Mini Breakfast Bites
Cherry Craisins
Tangerines

11

Mozzarella Cheese Stick
Chocolate Chip Muffin
Fruit Punch
Raisins

12

Cocoa Chip BeneFIT Bar
Apples

13

Mini Cinni Rolls
Cherry Craisins
Apple Juice

14

Cocoa Puffs Cereal Bar
Apples

17

UBR Chocolate Chip Bar
Apples

18

Pumpkin Bread Slice
Orange Juice
Raisins

19

Strawberry Go-Gurt
Vanilla Graham Snax
Apples

20

Blueberry Glazed Mini Donuts
Very Berry Juice
Raisins

21

Strawberry Go-Gurt
Chocolate Chip Oatmeal Bar
Apples

24

French Toast BeneFIT Bar
Apples

25

Mini Cini Caramel Rolls
Apple Juice
Raisins

26

SCHOOL CLOSED

27

SCHOOL CLOSED

28



EXECUTIVE EDUCATION ACADEMY CHARTER SCHOOL

Milk is included with all meals (1%, Skim, or Soy Milk)

NOVEMBER 2025