

2024 OCTOBER

EEACS – BREAKFAST MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**Harvest of the Month:
Apples**



1

UBR Oatmeal Chocolate Bar
Apples

2

Chocolate Covered Donuts
Watermelon Craisins
Orange Tangerine Juice

3

Strawberry Go-Gurt
Banana Chocolate BeneFIT Bar
Apples

4

Cinnamon Neufchatel Cheese
Pull-Apart Bagels
Raisins
Very Berry Fruit Juice

7

Mozzarella String Cheese
Frosted Brown Sugar & Cinnamon
Pop-Tarts
Apples

8

**Harvest of the Month Breakfast!
Apple Breakfast Bites
Apples**

9

Breakfast Buns
Raisins
Fruit Punch

10

Chocolate Chip Mini Loaf
Strawberry Go-Gurt
Apples

11

Chocolate Chip BeneFIT Bar
Cherry Craisins
Apple Juice

14

SCHOOL CLOSED

15

Mozzarella String Cheese
Oatmeal Chocolate Chip Bar
Apples

16

Mini Cinnis Caramel Rolls
Raisins
Orange Tangerine Juice

17

Mozzarella String Cheese
Crunchmania French Toast
Graham Snack,
Apples

18

Blueberry Glazed Donut Holes
Raisins
Very Berry Fruit Juice

21

Strawberry Go-Gurt
Fruity Cheerios Cereal Bar
Apples

22

Mozzarella String Cheese
French Toast BeneFIT Bar
Apples

23

Cherry Frudel
Raisins
Apple Juice

24

Strawberry Go-Gurt
Blueberry Mini Loaf
Apples

25

Glazed Donut Sticks
Raisins
Fruit Punch

28

Mozzarella String Cheese
Frosted Fudge Pop-Tarts
Apples

29

Chocolate Glazed Donut Holes
Apples

30

Strawberry Neufchatel Cheese
Pull-Apart Bagels
Raisins
Orange Tangerine Juice

31

Strawberry Go-Gurt
Strawberry Oatmeal Bar
Apples

Meals include Milk (1%, Slim, or Soy Milk)