

2024 OCTOBER

EEACS – LUNCH MENU

MONDAY

Harvest of the Month: Apples



TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1 Harvest of the Month: Apples 	1 Mini Chicken Corn Dogs Fruit & Cheese Tray Grilled Cheese Sandwich Baby Carrots, Tater Tots Cherry Craisins, Oranges	2 Meatball Sub Garden Salad with Tuna Salad Turkey Sandwich Baby Carrots, Celery Banana, Plum	3 Homestyle Chicken Nuggets BBQ Chicken Salad Pizza Protein Pack Baby Carrots, Baked Beans Applesauce, Fruit Punch	4 Pizza Chicken Garden Salad Tuna Salad Sandwich Baby Carrots, Salad Mix Apple slices, Peaches
7 Hot Dog on Roll Fruit & Chocolate Hummus Pack Wowbutter & Jelly Sandwich Baked Beans, Carrots Pear, Apple	8 Breaded Chicken Filet Sandwich Chicken Caesar Salad Turkey Ham Sandwich Broccoli, Celery Applesauce, Oranges	9 Sloppy Joe Sandwich Pretzel & Cheese Kit Fruit & Cheese Tray Baby Carrots, Celery Apple Slices, Oranges	10 Chicken Tamale Chicken Caesar Salad Grilled Cheese Sandwich Baby Carrots, Corn Apple Slices, Apple Juice	11 <u>Early Dismissal</u> Bagged Lunch with Wowbutter & Jelly Sandwich, Cinnamon Goldfish Carrots, Celery Cherry Craisins, Apple Slices
14 CLOSED	15 Walking Tacos Fruit & Cheese Tray Wowbutter & Jelly Sandwich Baby Carrots, Black Bean & Corn Salad Craisins – Blueberry or Strawberry Flavored, Oranges	16 Cheesesteak Sandwich Pizza Protein Pack Turkey Sandwich Baby Carrots, Celery Apple Slices, Banana	17 Harvest of the Month Lunch! Breaded Chicken Drumstick Tuna Salad Sandwich Cherry Vanilla Yogurt with Bagel Broccoli, Mashed Potatoes Apple Slices, Apple Juice	18 Pizza Chicken Quesadilla Wowbutter & Jelly Sandwich Baby Carrots, Celery Sticks Cherry Craisins, Pineapple
21 Wild Mike's Cheese Bites Chicken Caesar Salad Wowbutter & Jelly Sandwich Baby Carrots, Broccoli Applesauce, Oranges	22 Chicken Fajitas Fruit & Cheese Tray Grilled Cheese Sandwich Black Beans, Salsa Bananas, Oranges	23 Sliced Turkey Ham Melt Garden Salad with Tuna Salad Hummus Protein Pack Baby Carrots, Broccoli Apple Slices, Oranges	24 Trunk or Treat Night! Mummy Hot Dogs Grilled Cheese Sandwich Vanilla Yogurt with Bagel Cauliflower Brains, Baby Carrots EEEEEEK Orange Ice, Apple Slices	25 Bosco's Stick Taco Salad Wowbutter & Jelly Sandwich Tossed Salad, Celery Peaches, Apple Juice
28 Philly Steak & Cheese Pinwheel Chicken Caesar Salad Wowbutter & Jelly Sandwich Broccoli, California Blend Veggies Applesauce, Apple Slices	29 Macaroni & Cheese with Chicken Tenders Fruit & Cheese Tray Grilled Cheese Sandwich Celery, Tossed Salad Strawberry Craisins, Oranges	30 BBQ Chicken Sandwich Chicken Garden Salad Turkey Sandwich Baby Carrots, Cucumber Peach Applesauce, Banana	31 Breakfast for Lunch with Egg OR Turkey Sausage with French Toast Tuna Salad Sandwich Baby Carrots, Tater Tots Apple Slices, Orange Juice	<i>A full meal consists of entrée, choice of two vegetables, and choice of two fruits.</i> <i>Meals include Milk (1%, Slim, Fat Free Chocolate, or soy milk) and choice of condiments. All rolls, bread, bagels are whole grain.</i>