



October is National Apple Month. Did you know that there are about 7,500 varieties of apples?
Can you find a new variety of apple to try this month?

K – 1st Grade Menu



MONDAY



Hot Dog
Grilled Cheese Sandwich
Wowbutter & Jelly Sandwich
Baked Beans, Carrots
Apple

06

TUESDAY



Bean and Cheese Pupusa
Yogurt Kit
Wowbutter & Jelly Sandwich
Corn, Salsa
Applesauce, Oranges

07

WEDNESDAY

Meatball Sub
Fruit & Cheese Tray
Wowbutter & Jelly Sandwich
Baby Carrots, Celery
Bananas, Plum

01

THURSDAY

Chicken Nuggets
Chicken Caesar Salad
Wowbutter & Jelly Sandwich
Baby Carrots, Baked Beans
Applesauce, Apple Juice

02

FRIDAY

Cheese Pizza
Turkey Ham & Cheese Sandwich
Wowbutter & Jelly Sandwich
Baby Carrots, Salad Mix
Apple Slices, Peaches

03

SCHOOL CLOSED

13

Walking Tacos
Yogurt Kit
Wowbutter & Jelly Sandwich
Black Bean & Corn, Baby Carrots
Flavored Craisins, Oranges

14

Cheesesteak
Fruit & Cheese Tray
Wowbutter & Jelly Sandwich
Baby Carrots, Celery
Apple Slices, Banana

15

Breaded Chicken Drumstick
Chicken Caesar Salad
Wowbutter & Jelly Sandwich
Broccoli, Mashed Potatoes
Apple Slices, Apple Juice

16

Cheese Pizza
Turkey Ham & Cheese Sandwich
Wowbutter & Jelly Sandwich
Baby Carrots, Celery
Cherry Craisins, Pineapple

17

Cheesy Mac Bites
Grilled Cheese Sandwich
Wowbutter & Jelly Sandwich
Baby Carrots, Celery
Applesauce, Oranges

20

Chicken Fajitas
Yogurt Kit
Wowbutter & Jelly Sandwich
Fiesta Black Beans, Salsa
Bananas, Oranges

21

Penne Alfredo & Texas Toast
Fruit & Cheese Tray
Wowbutter & Jelly Sandwich
Baby Carrots, Broccoli
Apple Slices, Oranges

22

Raptor Bowl & Dinner Roll
Chicken Caesar Salad
Wowbutter & Jelly Sandwich
Corn, Baby Carrots
Apple Slices, Oranges

23

French Bread Cheese Pizza
Turkey Ham & Cheese Sandwich
Wowbutter & Jelly Sandwich
Tossed Salad, Celery
Peaches, Apple Juice

24

Chicken Nuggets
Grilled Cheese Sandwich
Wowbutter & Jelly Sandwich
Broccoli, Marinara Sauce
Applesauce, Apple Slices

27

Breakfast for Lunch
French Toast Bites & Cheese Omelet
or Turkey Sausage
Yogurt Kit
Wowbutter & Jelly Sandwich
Tater Tots, Celery
Strawberry Craisins, Oranges

28

BBQ Chicken Filet
Hamburger
Wowbutter & Jelly Sandwich
Baked Beans, Cucumber
Peach Applesauce, Bananas

29

Spooky Themed Lunch
Mummy Hot Dogs
Cauliflower Brains
Chillin Bat Orange Icee
Wowbutter & Jelly Sandwich
Carrots, Apples

30

Mini Cheese Ravioli
Turkey Ham & Cheese Sandwich
Wowbutter & Jelly Sandwich
Salad Mix, Marinara Sauce
Diced Peaches, Plums

31



EXECUTIVE EDUCATION ACADEMY CHARTER SCHOOL

A full meal consists of entrée, choice of two vegetables, and choice of two fruits.

Meals include Milk (1%, Slim, Fat Free Chocolate, or soy milk) and choice of condiments. All rolls, bread, bagels are whole grain.

OCTOBER 2025